

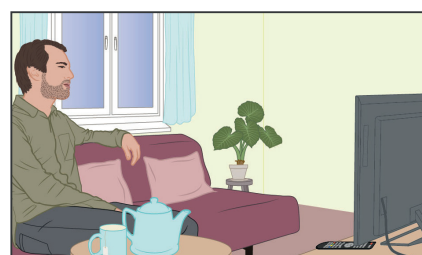
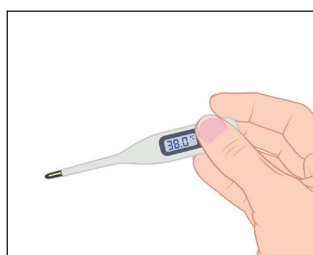
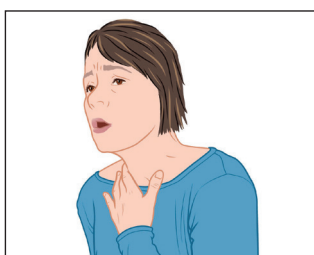
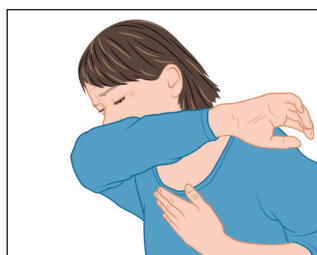
The Coronavirus

You can get pneumonia from the new Coronavirus.
Especially people who are older, not very healthy or have a disease, can get very sick.



Advice for everyone:

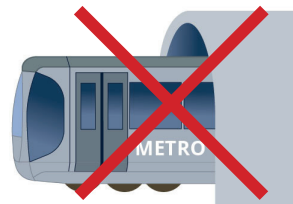
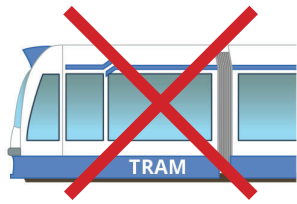
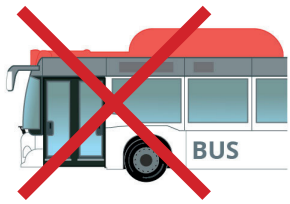
- Don't go to places with many people.
- Work from home, if that's possible.
- Stay 2 meters away from other people. For example when you go to the supermarket.



Advice for people who have health complaints [who feel sick?]:

Stay at home and don't come close to other people if you have 1 or more of the following complaints:


- coughing
- sneezing
- snot in your nose
- sore throat
- fever



Advice for people who are older, not very healthy or have a disease:

- Don't take the bus, tram, metro or train, if that's possible.
- Friends and family are not allowed to visit you at home if they have complaints (a cold, coughing, sore throat, fever).
- You are also not allowed to visit other people if they have complaints.

If you want to know if you should call the doctor:

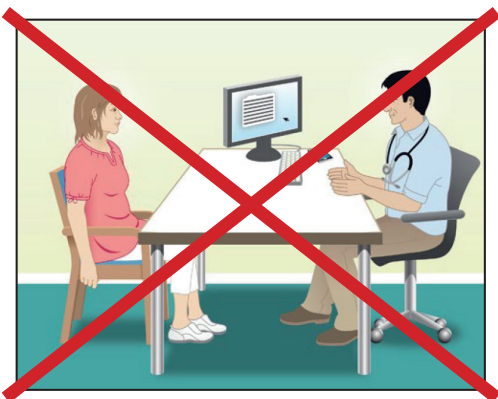
1. Look on the Internet: [Thuisarts.nl](https://www.thuisarts.nl) (Dutch only)
2. Enter in 'Zoeken': Corona and click on 'zoeken'
3. Choose from the list: 'Ik denk dat ik het nieuwe coronavirus heb'
4. At the top click on  **Voorlezen** so you can hear the text. (Dutch only)

If you have questions:

Call **0800-1351**

Or search for corona on [Thuisarts.nl](https://www.thuisarts.nl) (Dutch only)

Don't visit the doctor



This is the official advice of the government in the Netherlands until April 6th